

Preparation for “Altered Shoes: Reflection of My Journey”

“Life is a journey”

“Don’t judge someone until you have walked in their shoes”

Project Hope, Roxbury, Ma women of Strength Class

Time	Guiding Questions	Responses	Part of shoe/Color & materials to represent this time
<p>PAST</p>	<ul style="list-style-type: none"> • Where have I lived? • What family roles have I had? (mother, sister, grandmother, aunt, etc.) • What work or other roles have I had? (student, childcare worker, PCA, bus driver, receptionist, etc.) • Where did I used to walk a lot & how did I walk? Was I confident? • Who are my heroes, role models? • What were turning points in my life? 		<p>Example: My past will be insole & heal of shoe Materials: family photographs names of the streets I’ve lived on & country(s) I’ve come from. Pieces of maps, images of roads, walkways, etc. Past will be represented in blues.</p>

Time	Guiding Questions	Responses	Part of shoe/Color & materials to represent this time
PRESENT	<ul style="list-style-type: none"> • Where am I today? • What stands out as my focus? (Family, school, work, etc.) • What/who gives me strength to keep on my journey? • What/who are my guides? 		